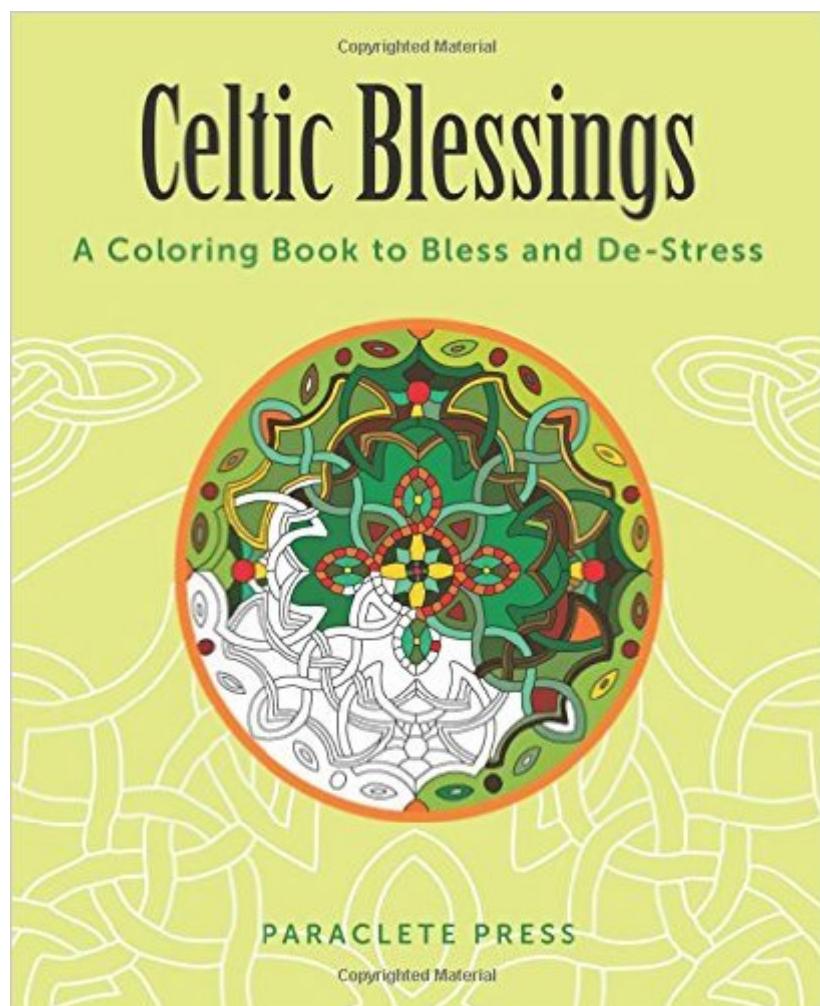


The book was found

Celtic Blessings: A Coloring Book To Bless And De-Stress



Synopsis

Adults of all ages everywhere who feel stressed and unfocused are quieting their minds and souls by putting away the smart phones and tablets and picking up pencils, markers and crayons to color. At home, in waiting rooms, in churches, on road trips - coloring books for adults are becoming more and more popular. These coloring books for adults from Paraclete are not only a simple path to making something beautiful, it has a spiritual element as well. For anyone who loves Celtic spirituality, coloring these 30 patterns each paired with a blessing, will relax the mind and enrich the heart. "Sometimes coloring is just coloring. To put crayons to paper and create a rainbow of marks and swaths is relaxing, playful, and maybe even artistically satisfying. But sometimes coloring is more. To put colored crayons, markers, or pencils to paper is to create a pathway to the numinous.â Coloring invites the body and the senses into an experience of inner stillness. While the hand moves, the mind and the body slow down. The heart and the ears open carving a space for rich silence and an opportunity for God to speak."â "Sybil MacBeth, author of *Praying in Color: Drawing a New Path to God*

Book Information

Paperback: 64 pages

Publisher: Paraclete Press; Csm edition (October 1, 2015)

Language: English

ISBN-10: 1612617662

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Product Dimensions: 6.9 x 0.3 x 8.3 inches

Shipping Weight: 12.6 ounces (View shipping rates and policies)

Average Customer Review: 4.5 out of 5 starsâ See all reviewsâ (13 customer reviews)

Best Sellers Rank: #186,387 in Books (See Top 100 in Books) #142 inâ Books > Arts & Photography > Drawing > Coloring Books for Grown-Ups > Religious & Inspirational #434 inâ Books > Arts & Photography > Graphic Design > Techniques > Use of Color #1196 inâ Books > Religion & Spirituality > Worship & Devotion > Inspirational

Customer Reviews

I have bought different adult coloring books in the past but this is my favorite! The size and price were perfect for what I was looking for. The quality of the book and pages that are easy to remove (if you wish) are top notch. I will buy this again and give as a gift for birthday's and Christmas. I'd actually buy this, just because, if I knew a friend needed to doodle and draw and let their mind rest! I

enjoy being able to create my own style of color combinations to make each page unique and mine! When I've had a stressful day, this is my go-to for relaxing and unwinding. I will only purchase this brand of adult coloring book; I deleted all other books from my wish list and only have this brand listed. A wonderful product and well worth purchasing!

Wonderful. Enjoy during my CHEMO sessions.

I am really enjoying this beautiful book, especially the intricate patterns and thinking about each color combination. I plan to order more for family.

Nice addition to my coloring books with a spiritual component.

Was not pleased with the quality or the content of this book. Was smaller in size and the images are ordinary. Paid too much....would never have purchased if I had seen it in person.

Such beautiful designs to color. Haven't had time to color many of the pages yet, but love choosing complementary colors and creating lovely mosaics. What a fun change of pace.

My first coloring book and I enjoyed doing every page-sad finished but look it often and read the saying Keep up these kind coming

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Celtic Blessings: A Coloring Book to Bless and De-Stress Creative Oceans Coloring Book: Adult Coloring Book of Stress Relief Sea Animal Patterns and Designs (Ocean Coloring Book, Lost Ocean, Stress Relief Coloring Book, Anti Stress Coloring Book) (Volume 1) Let Us Bless The Lord, Year One: Meditations for the Daily Office, Advent Through Holy Week (Let Us Bless the Lord) Adult Coloring Book: Christmas Wish: The Perfect Christmas Coloring Book Gift of Love, Blessings, Relaxation and Stress Relief - Christmas Coloring Book Pages The Advent Coloring Calendar: A Coloring Book to Bless and De-Stress Through the Season Southern Sayins' & Sass: A Chalkboard Coloring Book: Well Bless Your Heart: Southern Charm & Southern Sayings Funny Coloring Books For Grownups & Relaxation Stress Relief & Art Color Therapy) Mandala Adult Coloring Book Stress Relieving Patterns Relaxation: coloring book for Adult and grown ups,Anti-Stress Art Therapy,Stress Relieving Flower Patterns #Mandalas Coloring Book: #Mandalas is Coloring Book No.6 in the Adult Coloring Book # Series Celebrating Mandalas (Coloring Books, Stress Relief, ...

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